Personal Leadership

Emerge stronger as a professional and discover how to take charge of your life from a place of greater inner peace and fulfilment.



Do you want to be more in control of yourself, your work and your environment? To be stronger as a professional and do what makes you feel good? This training is designed to enhance your personal leadership skills and to teach you how to take charge of your own life. Awareness of your drivers, talents and values helps you make more informed choices. This enables you to make the best use of your own qualities in daily life and in your work situation. You achieve your goals from your own power, so you are less controlled by others, have more energy and can be who you want to be.

Features

Study duration	1 month
Investment	€1,895.-
Number of locations	13

Unique benefits

- ✓ Experienced trainers
- ✓ Small groups (max. 10 participants), which means plenty of attention to your personal situation
- ✓ Greater inner peace and sense of fulfilment

Result

- ✓ You have insight into your personal behavioural patterns
- ✓ It becomes easier for you to make choices about work and personal life
- ✓ You let go of your limiting beliefs
- ✓ You act more effectively in various (work) situations
- ✓ You experience a sense of control in situations where you did not feel in control before
- ✓ You live and work based on of your personal talent, qualities, values and drivers

Target audience

You want to specifically work on your personal functioning and are willing to look in the mirror on a deeper level. This will make your choices clear and increase your influence.

Programme

Day 1: Who am I and what do I stand for?

- Understanding drivers, strengths and values
- How satisfied are you in the different areas of your life?
- What qualities and values are you already exhibiting?

Day 2: What am I doing and what do I want to do differently?

- Awareness relating to roles and patterns in your life
- Start breaking through limiting beliefs
- Understanding choices that energise you

Day 3: What are my choices and how do I stay in control?

- From reactive to proactive behaviour
- Taking charge with regard to external saboteurs and ineffective communication
- Translating insights into concrete steps

Study method

Intake

Prior to the training, you complete an intake form, answering a number of questions about your specific personal situation. These questions will help you clearly define your development goal.

Sessions

The sessions focus on interaction with the trainer and fellow participants. Using varied work formats, you gain knowledge and insight. There is plenty of room for input from your own practical situations and examples. The group process, assignments and personal feedback will give you extensive insight that may lead you to make different, more appropriate choices and act more effectively.

Experienced trainers

An experienced trainer guides the classroom sessions focusing on your learning needs. Your trainer is an expert, but above all, your personal coach.

Online learning environment

In addition to the interactive classroom days, you work in a rich online learning environment that supports you in the learning process and helps you prepare for the sessions effectively. After completing the training, you continue to have one year access to all online resources for further deepening and reference.

ICM certificate

The training concludes with a personal action plan. If you have completed the entire training, you are awarded the ICM certificate.

Locations & date

The training is given in 3 sessions from 9:30 a.m. to 5 p.m.

The training is provided in Amsterdam, Arnhem, Breda, Den Bosch, Den Haag, Eindhoven, Enschede, Groningen, Maastricht, Online Virtual Classroom, Rotterdam, Utrecht and Zwolle.

Jan 2027	Fr 29-01	Fr 12-02	Fr 05-03
Apr 2027	Tu 06-04	Tu 20-04	Tu 11-05
Jun 2027	Fr 04-06	Fr 18-06	Fr 09-07
Oct 2027	Tu 05-10	Tu 02-11	Tu 23-11
Jan 2028	Fr 14-01	Fr 04-02	Fr 18-02
Apr 2028	Tu 11-04	Tu 25-04	Tu 16-05

Investment

The investment is €1,895.-.

This excludes € 57.50 per day for the day arrangement or € 25.00 per evening for the evening arrangement. For online meetings we do not charge arrangements fees.

VAT

The total investment is excl. VAT. Exemption from VAT is possible. In that case you pay 10% on top of the investment price.

More information

Financing

There are various options for subsidies for both employers and private individuals to follow a training.

More information

Possibilities for your employer

Many employers have a training budget that allows employees tot develop and grow in their career. You can find out what the options are within your organization by checking your terms of employment or by checking with your manager or HR.

Invoice

The invoice for this course will be sent after the first meeting. If you would like to receive it beforehand, you can mention this in the comment section of your enrolment form.

Study method Virtual Classroom

When you attend this course in the Virtual Classroom, this study method applies.

Incompany

ICM also offers this course incompany, tailor-made for your organisation.

Advice

For more information and registration look at:

https://www.icm.nl/opleidingen-en-trainingen/persoonlijke-effectiviteit/personal-leadership/

Or call 030 – 29 19 888 for a personal study advise